



paul menel & the essentials

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Paul's Pesterings is back ...

Hi all

Been far too long, our apologies for that ...

As you have probably seen on Facebook and by our new header Paul has formed a new band, the core band members are Paul Menel (Paul has taken over guitar duties), Tim Churchman and Steve Swift. Guest appearances from varied musicians including Gav Monaghan (assisting and tickling a few ivories!), the amazing Vix Perks (backing/vocals ... you may remember Vix from 'We've Got A Fuzzbox & We're Gonna Use It' fame), Paul Rahme & Jake Henry (keyboards), Dave Adams (of The Destroyers on piano and accordion) and Julianne Bourne (violin).

Paul Menel & The Essentials are pleased to announce that their UNofficial England World Cup Single ... Spirit Of '66 ... is officially released upon the unsuspecting public Tuesday 10th June. The single will be available from the usual on line outlets (Amazon, iTunes, Spotify, TuneCore etc). Get behind the band and get behind England. Enjoy & COME ON ENGLAND!

Work on the forthcoming album (more details to follow soon) is progressing nicely, we hope you have enjoyed the snippets that we've been posting to Facebook and onto Soundcloud (link to his page: <https://soundcloud.com/paul-menel-essentials>).

More news as we have it.

Deep love ... Paul Menel & The Essentials (and The Crew Sluts)!